



Kids in the Kitchen (Ages 8-12)

Instructor: Carrie Hendrickson

Course Objectives: Students will learn safety as it relates to knife skills, food temperature, and cleanliness. They will gain exposure to new and different techniques and flavors and work with recipes that they can prepare for these families with little or no assistance.

Course Description: Cooking is creative! Students will develop their culinary artistry in weekly lessons focused on the preparation, cooking and presentation of recipes made from scratch. Each week, students will master a tasty treat with leftovers to share at home. Class only for children ages 8-12 years old.

Course Schedule:

Week 1: Savory entree; knife skills and safety, measuring wet ingredients.

Week 2: Easy dessert; measuring dry ingredients; knife skills.

Week 3: Savory dish; shortcuts to making homemade dishes easier; food temperature, knife skills.

Week 4: Baked sweet; measuring dry and wet ingredients, knife skills; leavening agents.

Weeks may change from sweet to savory, depending on the session.